



# SMOC BEARINGS

## September 2006

## Volume XXI, Number 3

### IN THIS ISSUE:

- Fall 2006 Schedule – this page
- Spring 2006 results – beginning page 2
- SMOC members win Adventure Race – page 4
- Membership Renewal Form – page 7

### Fall 2006 Meet Schedule

Day and Date	Map and Location	Directions (see below)	Meet Director
Sunday September 17	<b>Haven Hill</b> Highland Recreation Area <i>National Orienteering Day</i>	A	<b>Mike Keating</b> <a href="mailto:KeatingM@Ferris.edu">KeatingM@Ferris.edu</a> 231-796-0737
Sunday September 24	<b>Peach Mountain</b> Stinchfield Woods	B	<b>Chuck Newman</b> <a href="mailto:zmontana@comcast.net">zmontana@comcast.net</a> 734-761-1693
Weekend Oct 7 – 8	<b>Golden Leaf O-Festival</b> <b>North American Orienteering</b> <b>Championships (A-Meet)</b> Golden Horseshoe O-Club Hamilton, Ontario		<a href="http://www.dontgetlost.ca/glof">www.dontgetlost.ca/glof</a>
Sunday October 15	<b>Silver Lake</b> Pinckney Recreation Area	C	<b>David Ives</b> <a href="mailto:Ives400@yahoo.com">Ives400@yahoo.com</a> 734-812-6744
Saturday October 28	<b>Silver Lake</b> Pinckney Recreation Area <b>Night-O – Score-O</b>	C	<b>John and Joan Walker</b> <a href="mailto:toad19@cogeco.ca">toad19@cogeco.ca</a> 519-252-0271
Sunday November 5	<b>Huron Meadows</b> Huron Meadows Metropark	D	<b>Jess Franklin</b> <a href="mailto:DrJessF@comcast.net">DrJessF@comcast.net</a> 734-429-1057
Sunday November 12	<b>Spring Mill</b> Highland Recreation Area	E	<b>Rick Waldo</b> <a href="mailto:RichardAWaldo@comcast.net">RichardAWaldo@comcast.net</a> 248-887-9687

### Directions:

- A. **Haven Hill** - Located south of M-59, about halfway between US-23 and I-75 (Pontiac). Turn south from M-59 into main park entrance, about 1 mile west of Bogie Lake Road, and follow orienteering signs. State park daily or annual vehicle pass needed.
- B. **Peach Mountain** - Take US-23 north from Ann Arbor or south from Brighton to the North Territorial Road exit, and go west about 8 miles to Dexter-Pinckney Road. About ¼ mile west of this intersection you will see a parking lot on the south with a sign that says "Professional Building". You should also see orienteering signs directing you to park here.

Continued on next page

## Spring 2006 Meet Directions, cont'd

- C. Silver Lake – Take US-23 north from Ann Arbor or south from Brighton to the North Territorial Road exit, and go west 11 miles to Dexter-Townhall Road. Turn right (north) and go about 1 mile, and turn left at park entrance. Follow orienteering signs. State park daily or annual vehicle pass needed.
- (Contact Meet Director for Night-O start times)
- D. Huron Meadows - Take US-23 north from Ann Arbor or south from Brighton to exit 55, onto Silver Lake Road west. Immediately turn left (south) onto Whitmore Lake Rd. and right (west) on to Winans Lake Road. Proceed 1/2 mile to Rickett Road and turn right (north), then one mile to Hammel Road and turn left (northwest). Proceed 1/2 mile to park entrance on left and follow orienteering signs. Metropark daily or annual vehicle pass needed.
- E. Spring Mill – Located south of M-59, about halfway between US-23 and I-75 (Pontiac). Turn south from M-59 onto Duck Lake Road (west of main park entrance). Turn right (west) on Livingston road, go past gravel parking lot, and follow orienteering signs. State park daily or annual vehicle pass needed.

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## Pond Lily Lookout April 23, 2006

**Meet Director: Alex Izzo**  
**Assisted by Laurent Fournier and Suzanne Izzo**

### Results:

Roughly 100 people came out for the first SMOC meet of the year. The courses offered were White, Yellow, Short Line O, and Long Line O. For the Line O, a route was marked on the master map but no controls were marked. The instructions for the line O courses were to follow the marked route and mark on the map the locations of the bags found along the route while being careful not to mark any bags found off the route. (A red pen was provided at each bag.) A penalty of 30 minutes was applied for each missed or incorrect bag marked, and a 15-minute penalty was applied for each bag marked in the wrong place.

Al Newman didn't seem pleased about the line O format, but at least there were no mosquitoes to bother him this time as there were at the previous meet I directed. Several other people indicated that they enjoyed the format.

An especially large number of people went out on the Yellow course including a large group of junior marines and Boy Scout Troop 547. I heard later from the scoutmaster that the scouts had a really good time and will be coming to more orienteering meets. We look forward to seeing both of these youth groups again at future SMOC events.

Karen Smith and her oldest child went around the White course pushing a stroller containing the two younger children - an impressive feat considering the route was rough and quite steep in some places. Meanwhile Karen's husband, Juha Heinonen, also put in an impressive

performance, handily winning the Long Line O. Mark Voit's clock time was 16 seconds faster than Juha's, but he received a penalty for including a control that was off the route. The clock times of Al Newman and Dave Mielock were within minutes of Mark and Juha, but they too received penalties.

When I was planning the courses, several people advised me that line O courses need to be much shorter than cross country courses. I took this advice to heart, and it proved to be good advice. Judging from the winning times, the course lengths were perfect; winning times on the Yellow, Short Line O, and Long Line O, were all within 2 minutes of 1 hour.

Not all was perfect though - less than an hour into the meet it began to rain.

Thanks to Mark Fochesato for picking up most of the controls.

Continued on next page

**Pond Lily Lookout Results, continued**

Finish Order	Name	Clock Time	Penalty	Time + Penalty
<b>White 1.6 km, 90 m climb, 9 controls</b>				
1	Ken Anderson + Rod Limas	0:36:10		0:36:10
2	Sandy and Jerry	0:43:30		0:43:30
3	Harry and Carolyn Miller	0:50:30		0:50:30
4	Chris O'Connor	1:09:00		1:09:00
5	Heinonen-Smith	1:33:35		1:33:35
<b>Yellow 3.2 km, 170 m climb, 10 controls</b>				
1	Cherie	1:02:00		1:02:00
2	Doran Duckworth	1:08:30		1:08:30
3	Carter	1:11:00		1:11:00
4	Matt & Paul Johnson	1:13:20		1:13:20
5	Tom Jameson	1:18:00		1:18:00
6	Bill Girardin	1:23:30		1:23:30
7	Mike and Pat	1:28:00		1:28:00
8	T547 Group 7	1:30:00		1:30:00
9	Andrew and Carson	1:35:00		1:35:00
10	Rick Briandt	1:45:00		1:45:00
11	Marines Group 2	1:54:00		1:54:00
12	Ken Anderson + Rod Limas	1:56:00		1:56:00
13	John & Carre W	1:58:17		1:58:17
14	T547 Group 1	2:14:00		2:14:00
15	H+K+T+J Guzick	2:23:00		2:23:00
16	Marines Group 1 (Backward)	2:25:00		2:25:00
17	T547 Group 6	2:34:00		2:34:00
18	Kittel	2:55:00		2:55:00
	Richard Cahoin	OE		OE
	Jim Hafke	OE		OE
	T547 Group 2	OE		OE
	T547 Group 3	OE		OE
	T547 Group 4	OE		OE
	T547 Group 5	OE		OE
	Stephen Evans	OE		OE
	Hunt	OE		OE

Finish Order	Name	Clock Time	Penalty	Time + Penalty
<b>Short Line 3km, 160 m climb, 8 controls</b>				
1	Ted and Katie	1:01:00		1:01:00
2	Robert and Diane	1:28:29		1:28:29
3	Chuck Newman	1:30:20		1:30:20
4	Carol and J	1:36:00		1:36:00
5	Paul V	1:39:30		1:39:30
6	Megan Donahue	1:39:30		1:39:30
7	Bruce Murphy	1:37:00	0:15:00	1:52:00
8	Rick Matthei	2:31:00		2:31:00
9	Melissa and Andy	1:34:00	1:15:00	2:49:00
10	David Wiechman	2:04:20	1:00:00	3:04:20
11	Robert Messer	2:25:00	1:15:00	3:40:00
12	Sonya Talwalker	1:35:00	2:30:00	4:05:00
<b>Long Line 4.5 km, 300 m climb, 11 controls</b>				
1	Juha Heinonen	0:58:50		0:58:50
2	Mark Voit	0:58:34	0:30:00	1:28:34
3	Al Newman	1:04:20	0:45:00	1:49:20
4	Dave Mielock	1:06:35	0:45:00	1:51:35
5	Tim Mielock	1:23:00	0:30:00	1:53:00
6	Barbara Wyatt	1:43:00	0:30:00	2:13:00
7	Pat Murad	1:50:40	0:30:00	2:20:40
8	Dennis Elston	2:43:15		2:43:15
9	Reno Nye + Chuck Kovick	2:05:50	1:00:00	3:05:50
10	Mark Ryan	2:21:40	1:00:00	3:21:40



**Is Your Membership About to Expire?**

Check the date on your mailing label – it's your membership expiration date. Don't wait until the end of the year, you know you'll forget. Renew now for 2007! A membership renewal form is included on page 7 for your convenience – fill it out and mail it in today.

Or renew your membership at any SMOC meet. Just ask for a membership form when you register for the meet. Pay your membership dues and get member rates on meet fees at the same time!

**Silver Lake, Pinckney Recreation Area  
May 7, 2006**

Results not available

**Huron Meadows Metropark  
May 15, 2006**

**Meet Director: Bill Luitje**

**Results:**

White		
	None	
Yellow		
1	Robert Messer	0:54:38
2	Joscelyn & Roberts	1:07:21
Orange		
1	Todd & Maureen	1:04:13
2	Brian Crowe	1:33:38
3	Davis & Franklin	1:33:41
4	Brett & Joe	1:40:38
	Robert Messer	OE

Green		
1	Laurent Fournier	1:07:11
2	Pat Murad	1:18:55
3	Roddy Wares	1:24:43
4	Mike Keating	1:26:05
5	Chuck Newman	1:32:15
6	Dave Wiechmann	2:18:20
	Keri & Kelsey Libbe	OE
	Ron Poore	OE
Red		
1	Rick Waldo	1:11:53
2	Al Newman	1:26:46
3	Joel Billau	1:30:18
4	Simon Blanchflower	1:32:31
5	Greg Lukas	2:01:02
6	Johnson Group	3:05:24
	Ken Parks	OE

**Trailer Park Hood Rats Win Suunto Navigation Award  
For The 2<sup>nd</sup> Year In A Row!**

Rick Waldo and Nick Irish of the Trailer Park Hood Rats collected the most controls in the final score-O section in **SMAC's** XLA Race on Saturday, July 22.

Each member of the winning team will receive a Suunto Jacket that will further be personalized by SMAC (Southern Michigan Adventure Club) to include SMAC graphic, the individuals name and finish position. A winning combination for all three parties!

The race for the Suunto Navigation Award was made more challenging this year with the premier of the 'Vertigo'. Here, numerous controls could be placed in close proximity to the correct control. The challenge was to punch the correct control based on terrain features and map reading; punch the wrong control and your team will have points deducted!

SMAC's Adventure Races have become well regarded in the AR community for their score-O / Rogaine finishes. Controls can be collected in any order and the number of controls located determines the team's overall position. The race was a narrow win for the Trailer Park Hood Rats (TPHR) as the winner would have been Mark Fochesato and Bob Hillier of the H-F Harriers who would have been the winners but had just one less punch than the TPHR. This was a heart-breaker for the H-F Harriers as they visited what they believed was the location for the one CP that they missed but only found a ribbon with the correct CP number on it. The actual flag was just down the same fence line. The ribbon they located was hung earlier in the week and should have been removed.

From [www.SMACworld.com](http://www.SMACworld.com), the Southern Michigan Adventure Club  
(see related story, page 7)



**Christie Watts And Susan Dinesen of Suunto North America with navigation award winners Rick Waldo and Nick Irish**

## Pontiac Lake Recreation Area Sun May 21, 2006

### Meet Director: Bill Pelletier

The day was perfect for orienteering with clear skies, temperature in the high 50's, and breezy, so there were no mosquitoes. Despite the ideal weather, there was a relatively small turnout of only 51 orienteers, including 5 children. Apparently less interesting events, like the Pistons-Cavaliers Game 7, reduced Sunday's orienteering turnout. There is no telling how large the orienteering crowd would have been if the Pistons had won the series in less than 7 games.

There were 7 different courses available at the meet, and a handful of orienteers tried several different ones. The White, Yellow, and Orange courses were typical Beginner, Advanced Beginner, and Intermediate courses respectively. Rick Waldo designed and hung these courses for a Boy Scout O-meet the day before, and we used the same ones for the SMOC O-meet.

The 4 Advanced courses offered a variety of choice. Red was a standard 11-control red course. Brown was an 8-control subset of Red. Green and Blue were window versions of Brown and Red respectively. For these two courses the entire map was blanked out except for small windows around the control locations, meridian lines, and a map border. Advanced orienteers thus had a choice of either a short or long standard advanced course, or they could choose the extra challenge of a short or long window course, which required "dead reckoning" navigation between the windows.

Alex Izzo inspired these window courses with his Red and Green window courses last June at Pond Lily Overlook in the Waterloo Recreation Area. Even though I couldn't attend his

O-meet, his description in the January 2006 *SMOC Bearings* newsletter caught my interest, and I decided to offer several at PLRA. After letting the course fade from my mind for about a year, I plan to do Blue to personally enjoy the fruits of my work and to experience a window course for myself.

Rick Waldo turned in an amazing performance on Blue (windows), finishing in 1:41:58. Alex Izzo and Dick West also earned plaudits by completing the Blue course. All three agreed Blue was very hard, but enjoyed the challenge. Anyone who did the Blue course certainly knows how to navigate. Nobody completed the shorter Green window course. Two people started it, but returned and switched to Brown.

Juha Heinonen was outstanding on Red completing it in 1:13:58. Joel Billau and Jaana Eronen also turned in exemplary times well under 2 hours.

I had a lot of help with this meet. Rick Waldo designed and hung the White, Yellow, and Orange courses. Daniel Pelletier spent several weekends helping me scout control sites and improve the map. He also helped hang controls, and he put out the water. Noah and Joseph Pelletier ran the registration table. I'm particularly grateful to Joel Billau, Tom Lee, Bill Luitje, Daniel & Joseph Pelletier, and Rick Waldo for their help picking up controls. Joel Billau brought his mountain bike and rode around picking up all the distant advanced controls. Rick and Mary Beth Waldo picked up the orienteering road signs.

Here are the O-course results:

<b>WHITE, 1.88 km, 8 controls</b>		
1	Bill Wertheimer Jr & Sr	59:02
2	Pam Bower	1:04:30
	Karen Heinonen, 3 kids	DNF
<b>YELLOW, 3.11 km, 10 controls</b>		
1	Wyatt & Barbra Hazlett	43:45
2	A Schmorrow, L Zuckerman	1:22:00
3	Mark Cripe	1:31:30
4	Catherine Roberts, Mary Joscelyn, Diane Cook	1:34:50
5	Bill Wertheimer Jr & Sr	1:35:25
6	Mary Beth & Ann Waldo	1:45:00
<b>ORANGE, 4.26 km, 12 controls</b>		
1	Les & Sharen Howard	2:00:30
2	Don Davis, George Linen	2:14:30
3	Mike & Pat Villemure	2:39:10
4	Ethan & Todd Briggs	2:44:55
5	Robert Messer	2:49:30
6	Patricia Steudeman	3:32:15
	Brent Archer	DNF
	Jeff & Sue Villemure	DNF
	Lynn LeAnnais	DNF
	Sonya Talwalker	DNF

<b>BROWN, 5.42 km, 8 controls</b>		
1	Mike Keating	1:56:40
2	Dennis Elston	2:44:20
	Tom Lee	DNF
	Rich Matthei	DNF
	Suzanne Izzo	DNF
<b>GREEN (window), 5.42 km, 8 controls</b>		
	Dennis Elston	DNF
	Suzanne Izzo	DNF
<b>RED, 7.32 km, 11 controls</b>		
1	Juha Heinonen	1:13:58
2	Joel Billau	1:40:25
3	Jaana Eronen	1:43:35
4	Laurent & Dorit Fournier	2:01:05
5	Greg Lukas	2:20:20
6	Andy Yaksic	2:23:40
	Dave Kanners	3:56:10
	Jim Hafke	DNF
	David Wiechmann	DNF
	Bill Luitje	DNF
<b>BLUE (window), 7.32 km, 11 controls</b>		
1	Rick Waldo	1:41:58
	Alex Izzo	4:07:00
	Dick West	4:17:30

## Peach Mountain June 4, 2006

### Meet Director: Mark Voit

What a great day for orienteering! Sunny skies, temperatures in the low 70's -- it's too bad there had to be mosquitoes, especially in the depressions on the west side of the map.

Mark Fochesato turned in an excellent time on the Red course, leading the way in 79:23, well under 10 minutes per km. Megan Donahue was first on Green in 88:25. The Orange course was extremely popular; with almost 40 people participating, many of them in teams. The team of Todd & Tom were back the quickest in 79:52. People also seemed to have a lot of fun on Yellow, especially Patricia Studeman, who completed the course in less than 35 minutes. Mark Fochesato completed a rare Red-White

double victory, winning the White course with his kids at a more relaxed pace of 24 minutes per km.

The most unfortunate incident was a lost car key in the woods by someone who had driven a long way to the meet. Please remember that we're always happy to stash your key in the money box at registration so it will be there for you when you finish.

Many thanks to Megan Donahue for helping with registration, to Alex Izzo, Tom Lee, Jess Franklin, Mark Fochesato, Phil Schrader, and Bill Luitje for helping with control pickup, and an extra special thanks to Jess Franklin for driving our stranded orienteer back home to get another set of car keys.

### Results:

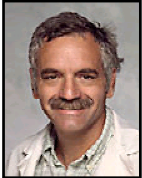
White, 2.4 km, 60m		
1	Fochesato Group (4)	56:38
2	Troop 1111 (7)	113:22
3	Troop 2001 (7)	154:30
	Bill Dodson	OE
Yellow, 2.6 km, 80m		
1	Patricia Studeman	34:45
2	Tom Jameson	44:54
3	Mary Joscelyn	46:24
4	Bill Girardin	52:16
5	Bruce Emaus	53:40
6	Andrew & Carson	54:34
7	Melissa Fochesato	54:48
8	Janet & Dave	68:30
9	Ostaszewski Group (3)	72:18
10	Seeley Group (3)	77:26
11	Cherie Chang	93:09
Orange, 5.6 km, 175m		
1	Todd ? & Tom Dixon	79:52
2	Phil Shrader	82:05
3	Art Ostaszewski	90:45
4	Eric Bacon	91:04
5	Brian Halliwill	93:33
6	Jim Kosinski & Joann Roosenberg	104:30
7	Gt. Lks. Adventure Club	111:46
8	Mark & Mike Cripe	112:00
9	Tarabula Group (3)	126:03
10	Troop 547 - Team 5 (3)	126:14
11	Robert Messer	129:58
12	Sonya Talwalker	153:10
13	Mike, Pat, Kate, & Roger	170:30

Orange, 5.6 km, 175m, cont'd		
14	Mark Russell Group (4)	180:00
	Troop 547 - Team 1 (2)	OE
	Troop 547 - Team 2 (2)	OE
	Troop 547 - Team 3 (2)	OE
	Troop 547 - Team 4 (2)	OE
*Returned after last controls were picked up		
Green, 5.2 km, 195m		
1	Megan Donahue	88:25
2	Mike Keating	90:28
3	Chuck Newman	96:48
4	Pat Murad	103:01
5	Mike Ryan	112:20
6	Rich Matthei	150:22
7	Todd & Ethan Briggs	160:04
8	Dave Wiechmann	172:30
	Shannon Camp	OE
	Alan Baljeu	OE
Red, 8.1 km, 235m		
1	Mark Fochesato	79:23
2	Andrej Studen	89:24
3	Joel Billau	113:04
4	Alex Izzo	119:53
5	Bill Luitje	126:27
6	Greg Lukas	130:00
7	Anas Orfali	156:18
8	Laurent Fournier	157:00
9	Tom Lee	160:51
	Dennis Elston	240:00 (OE)

**Mill Lake, Waterloo Recreation Area  
June 11, 2006**

Results not available

**SMAC AR XL Winner is Interviewed on EndurancePlanet.com**

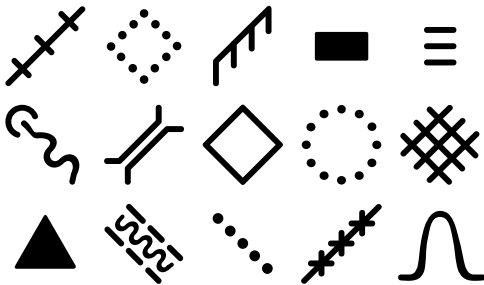


Overall SMAC AR XL race winner Rick Waldo was interviewed by EndurancePlanet.com. Rick tells all on how he has won the last two SMAC adventure races as well as how he got his start in orienteering and how he ended up adventure racing. In addition Rick makes comparison between navigation sports and his views on the sport of AR. To hear the interview, go to [www.SMACworld.com](http://www.SMACworld.com) and look for the link to the interview.

I have raced with Rick on several occasions and this interview is classic Rick Waldo. This is a rare opportunity to get to know this complex individual who has become one of the dominating figures in the sport of long distance navigation. I encourage you to review his navigation articles and to put a voice with the name.

EndurancePlanet.com interviews endurance athletes, coaches and race directors. Interviews range on topics such as triathlons, cycling, swimming, marathon and ultra running, nutrition and yes, the crème de la crème....adventure racing! It is truly an excellent source of information and motivation. Listeners can fine tune their listening pleasure and search the archives for past interviews or see the schedule of future interviews.

(Article courtesy of Paul Piorkowski of SMAC)



**Equipment Storage Space Wanted**

The SMOC "A-Meet" equipment is looking for a new home. I'm selling my house and moving to Lansing, and the equipment is now in temporary storage. Once I'm in my new place, it's garage sale time. ☺

The equipment consists of four Tupperware bins (like the meet equipment boxes) and about 8 small and medium packing boxes; plus two Gatorade-style coolers and many O-signs. Everything fits snugly in a Ford Explorer (to give you an idea of overall volume). If you can help, please contact Linda Burke or Bill Luitje.

**Southern Michigan Orienteering Club Membership Application – Memberships expire December 31!!**

SMOC would love to have you as a member. Membership perks include a newsletter (published 3-4 times per year), membership in our Yahoo! Group [http://groups.yahoo.com/group/SMOC\\_Orienteer](http://groups.yahoo.com/group/SMOC_Orienteer) (e-mailed updates and reminders for meets and meetings), and discounts at all local meets. Dues are \$15 for individuals and \$25 for families or groups. All memberships begin January 1 and expire December 31 of the current year.

Name: \_\_\_\_\_ Date: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 City: \_\_\_\_\_ Zip \_\_\_\_\_  
 Telephone: \_\_\_\_\_ E-Mail: \_\_\_\_\_

**Check as appropriate:**

- New member
- Renewal
- Address Change
- Individual \$15
- Family \$25
- Troop \$25

Contribution to Map Fund: \$ \_\_\_\_\_ Total Amount Submitted \$ \_\_\_\_\_

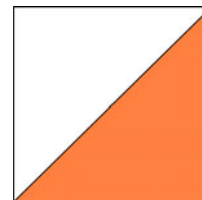
I am interested in volunteering to help with club activities. (No experience needed!)

Are you a member of USOF? Yes  No

Send the completed application and check payable to "SMOC" to: SMOC Treasurer, 401 Tanahill, Dearborn, MI 48124

**General Meet Information:**

All meets hosted by SMOC are held rain or shine! Meets start at 12 noon, with the last start time at 2 pm unless otherwise noted. "O-Signs" at the parks (pictured at right) will direct you to the start. Free instruction is available at all meets - just ask when you sign in. Compasses are available to rent.



At "Standard O-Meets" there are usually four courses: beginner (white), advanced beginner (yellow), intermediate (orange), and advanced (red). Color maps are \$5 for SMOC members, and \$10 for non-members. The time limit for each meet is 3 hours, and you must check in with the Meet Director after you come back, even if you did not finish your course! Control flags will be removed starting at 3 pm.

**Club Officers and Committee Chairs:**

Title	Name	Phone	E-Mail
President	Bill Luitje	734.769.7820	<a href="mailto:Luitje@acm.org">Luitje@acm.org</a>
Secretary	Linda Burke	248.421.3592	<a href="mailto:Lburke1@twmi.rr.com">Lburke1@twmi.rr.com</a>
Treasurer	Caroline Serfass	313.724.9330	<a href="mailto:micawber@vanserf.com">micawber@vanserf.com</a>
Membership	Caroline Serfass	313.724.9330	<a href="mailto:micawber@vanserf.com">micawber@vanserf.com</a>
Equipment	Mary Joscelyn	734.995.1842	<a href="mailto:mary.joscelyn@altarum.org">mary.joscelyn@altarum.org</a>
Competition	David Ives	734-812-6744	<a href="mailto:ives400@yahoo.com">ives400@yahoo.com</a>
Publicity	-- open --		
Social Coordinator	Roddy Wares	734.761.6980	<a href="mailto:roddywares@aol.com">roddywares@aol.com</a>
Scout Coordinator	-- open --		
Webmaster	-- open --		
Newsletter Editor	Linda Burke	248.421.3592	<a href="mailto:Lburke1@twmi.rr.com">Lburke1@twmi.rr.com</a>

E-mail your articles and pictures for SMOC Bearings to Linda Burke at [Lburke1@twmi.rr.com](mailto:Lburke1@twmi.rr.com). Word, Excel, and jpg attachments are best, but send anything you have and I will do my best to include it! (I can't open wps documents.)

SMOC Bearings  
 Southern Michigan Orienteering Club  
 2677 Wayside Drive  
 Ann Arbor, MI 48103

