



# SMOC BEARINGS

*March 2005*

*Volume XX, Number 1*

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### Annual Memberships Expired in December 2004!

SMOC's membership dues run from January through December. Check your mailing label – your membership may have expired in December. Membership dues help defray club expenses (like this newsletter), and pay for new and updated maps for meet locations. Plus, members get a significant reduction in meet fees, and help support the sport you love!

Please take a minute to fill out the membership form included in this issue, and mail it with your check to our treasurer.

## Minutes of SMOC Annual General Meeting

February 6, 2005

SMOC's 2005 Annual General Meeting (AGM) was held at 2:00 on Sunday, February 6, 2005, at the home of Roddy Wares and Alan Newman. Following is a summary of the meeting.

### • Competition Chair

Low Kidder has set up a meet schedule for 2005, but we need someone to recruit meet directors for the meets. Bill Luitje said he would make some calls if no one else volunteered (no one did).

Low clarified that the dates and locations on the schedule are not "set in stone" and can be changed to make a venue more convenient to a volunteer meet director.

It was suggested that we hold training days on dates where we do not have a meet director, although we still would need a volunteer to lead the training event. It was agreed that we would also take sign-ups for training day leaders on our meet schedule.

It was also suggested that we increase the length of our competitive season. Most of our mapped areas are open to deer hunting, and scheduling meets during deer season is not considered prudent. It was agreed that if we had a volunteer meet director for a date earlier or later than our typical schedule (barring firearm deer season), we would hold a meet.

### • Treasurer's Report

Carrie Serfass distributed the annual treasurer's report for review. We operated at a loss last year due to mapping expenses. Individual memberships and membership revenue is up from last year.

### • Fees

USOF has changed the way they calculate charter fees for local clubs. Starting this year, the fee will be based on the number of "starts" at local club meets during the previous year. We may want to rethink meet entry and membership fees before next year's AGM. Linda will send Carrie a copy of all 2004 meet reports to calculate the number of "starts".

### • Tax Exempt Status

USOF is requiring all local clubs to obtain tax-exempt status by the end of 2005. A work group was formed to look into what this entails and whether we need the advice of an attorney. The work group will consist of Bill Luitje, Carrie Serfass, and Linda Burke, and Jim Hafke may be asked to assist as needed.

### • Compensation for Meet Directors

In response to a request, it was agreed that meet directors would be reimbursed for mileage incurred in holding a local meet at either the annual business or charity rate published by the IRS. The 2005 business rate is \$0.405 per mile. A form will have to be developed to report mileage and request the reimbursement.

### • Waiver Forms

In the course of a side discussion of USOF fees and insurance, it was agreed that we need to take a closer look at our waiver form, and how many meet participants actually sign it. Low volunteered to look at it and possibly develop an individual waiver form for each participant, based on his experience with marathons and adventure race event waivers.

(Continued on page 3)

## Spring 2005 Schedule

| Day and Date                | Map and Location   | Directions | Meet Director(s) and Contact Info  |
|-----------------------------|--|------------|--|
| Sunday<br>April 17          | Peach Mountain<br>Stinchfield Woods                                      | B          | <b>Chuck Newman</b><br><a href="mailto:zmontana@comcast.net">zmontana@comcast.net</a><br>(734) 761-1693                  |
| Sunday<br>April 24          | Haven Hill<br>Highland Rec Area  | D2         | <b>Dennis Elston</b><br><a href="mailto:three_drops_indian@yahoo.com">three_drops_indian@yahoo.com</a><br>(810) 767-5899 |
| Sunday<br>May 1             | Silver Lake<br>Pinckney Rec Area   | E          | <b>Mark Voit</b><br><a href="mailto:voit@pa.msu.edu">voit@pa.msu.edu</a><br>(517) 347-2927                               |
| Sunday<br>May 15            | Pontiac Lake<br>Pontiac Lake Rec Area                                    | A          | <b>Bill Pelletier</b><br><a href="mailto:Bill.Pelletier@eds.com">Bill.Pelletier@eds.com</a><br>(248) 362-2694            |
| Sunday<br>May 22            | Portage Lake<br>Waterloo Rec Area  | C3         | <b>Jess Franklin</b><br><a href="mailto:drjessf@aol.com">drjessf@aol.com</a><br>(734) 429-1057                           |
| Saturday<br>June 6          | Pond Lily Lookout<br>Waterloo Rec Area<br>Orange & Red "windows" courses | C1         | <b>Alex Izzo</b><br>(734) 995-4783   |
| Saturday<br>June 25<br>6 pm | Belle Isle<br>Score-O, Y & O courses<br>Volunteers Needed!               |            | <b>Bill Luitje</b><br><a href="mailto:Luitje@acm.org">Luitje@acm.org</a><br>(734) 769-7820                               |

### Directions:

|          |           |   |
|----------|-----------|---|
| <b>A</b> |           | <b>Pontiac Lake Recreation Area</b> – Located north of M-59, about halfway between US-23 and I-75 (Pontiac). State park daily or annual vehicle pass needed.  |
|          | <b>A1</b> | <b>Beach Area</b> – From M-59, take Williams Lake Road north almost 1 mile. Turn left on Gale Road, and turn left into the beach area parking lot.  |
|          | <b>A2</b> | <b>Park Area</b> – From M-59, take Teggerdine Road north about 2 miles. Turn right into the park and look for orange and white orienteering signs. (Sometimes meets are located in the field across from the beach area – look for signs.)  |
| <b>B</b> |           | <b>Peach Mountain</b> – Take US-23 just north of Ann Arbor to the North Territorial Road exit and go west about 8 miles to Dexter-Pinckney Road. Just past this intersection you will see parking lot on the left with a sign that says "Professional Building". You should also see orienteering signs directing you to park here. |
| <b>C</b> |           | <b>Waterloo Recreation Area</b> – Take I-94 west of Ann Arbor to exit 153, Clear Lake Road, and turn north. State park daily or annual vehicle pass needed.   |
|          | <b>C1</b> | <b>Pond Lily Lookout</b> – Go 2 miles on Clear Lake Road and turn right on Green Road. Look for orienteering signs.   |
|          | <b>C2</b> | <b>Sugarloaf Hill</b> – Go north 1 mile on Clear Lake Road, turn right on Harvey Road. Go 1 mile and turn left on Loveland Road (sign to the right says Notten Road). Look for orienteering signs.  |
|          | <b>C3</b> | <b>Portage Lake</b> – Take I-94 to Mt. Hope Rd. exit (I exit west of Clear Lake Rd). Go north on Mt. Hope about 1.5 miles, turn left on Seymour Ave. Go about ½ mile to park entrance on the right.   |
| <b>D</b> |           | <b>Highland Recreation Area</b> – Located south of M-59, about halfway between US-23 and I-75 (Pontiac), near Duck Lake Road. State park daily or annual vehicle pass needed.   |
|          | <b>D1</b> | <b>Spring Mill</b> - Turn south from M-59 onto Duck Lake Road (just west of main park entrance), turn right on Livingston road, and look for orienteering signs. State park daily or annual vehicle pass needed.  |
|          | <b>D2</b> | <b>Haven Hill</b> – Turn south into main park entrance. Look for orienteering signs.  |
| <b>E</b> |           | <b>Silver Lake</b> - Take US-23 north from Ann Arbor or south from Brighton to the North Territorial Road exit, and go west 11 miles to Dexter-Townhall Road. Turn right (north) and go about 1 mile, turn left at park entrance. Follow orienteering signs. State park daily or annual vehicle pass needed.                        |
| <b>F</b> |           | <b>Belle Isle</b> – Take US-10 or I-375 south to Jefferson Ave northeast. Turn south on the MacArthur Bridge to Belle Isle, and look for orienteering signs.  |

**Annual General Meeting minutes (cont'd)**

- **Medical Emergency Planning**

The recent death of a competitor at an EMPO meet brought to light the importance of having a medical emergency plan for each local meet. A work group was established to develop a plan, possibly consisting of a notebook or series of laminated cards included with the meet supplies. It was recommended to also develop a "meet director's checklist", and try to determine which club members have medical skills and training. The work group will consist of Bill Luitje, Dennis Elston, Al Newman, and Linda Burke.

- **Club Banner**

Our club banner has been missing since a meet at Peach Mountain last year. Bill Luitje was able to contact the meet director, who does not know what happened to the banner. It was agreed that Lew will purchase another banner for the club, and will talk to Paul Shank about the design of the old banner.

- **MDNR Legal Action**

In May 2004, the DNR manager of the Highland Recreation Area issued SMOC a ticket for holding an event without the required permit. The decision not to issue the permit came too late to cancel the meet, and a training day was held instead. SMOC contested the ticket and Lew reported that although the judge was sympathetic, he recommended that our solution lies in the political process, not the courts. SMOC was fined \$50 (little more than the \$35 permit fee).

After the hearing, Bill Luitje and Lew Kidder met with the manager to discuss the conditions under which future meets could be held. Issues include the north half of the Haven Hill map being unusable due to nature area restrictions, and perceived conflicts with hunting dog trials in the Spring Mill map area.

A work group was formed to pursue resolution of these issues. The work group consists of Lew Kidder, Bill Luitje, Al Newman, and Bill Pelletier.

- **Bird Hills**

It has come to Linda's attention that a multi-stage geocache has been placed in Bird Hills Park with the approval of Ann Arbor's naturalist. This may be an opportunity to re-open discussions about orienteering in the park. Linda will provide geocache information to Roddy Wares, who volunteered to talk to the Parks Department.

- **Belle Isle Meet**

In conjunction with a bio-informatics conference, we have been asked to co-sponsor an orienteering meet on Belle Isle on Saturday, June 25, 2005, at 6:30 pm. Bill Luitje obtained a hard copy of an old map prepared by Julie Weeks and is converting it to OCAD.

- **A-Meet**

We discussed whether the club should consider putting on another A-meet in the future, or whether everyone was still burnt out from the last two. We discussed the low turnout vs. large work effort by members at non-"title" meets, and the fact that most SMOC members do not compete at A-meets. Linda volunteered to serve as meet director and registrar if we host another A-meet, but does not want to be charged with recruiting volunteers. It was decided that Bill Luitje will inquire into a future "title" A-meet and let us know what is available in the future, at the next AGM.

- **SMOC Schedule Additions**

A request was made to add other local clubs' meet schedule to our schedule. To the extent possible, Linda will incorporate the schedules of Ontario, Ohio, Indiana, and Illinois orienteering clubs into our schedule.

- **Pontiac Lake Trim Course**

Bill Pelletier is working with Paul Piorkowski on designing and installing a permanent orienteering course at the Pontiac Lake Recreation Area. The course design is complete, but needs park approval.

Respectfully Submitted,

Linda Burke

### Work Groups Being Formed

At this year's Annual General Meeting, we formed a few work groups to get some things done before next year's AGM. Following is a description of each work group:

- 501c(3) tax exempt status - this is now required by USOF for all member clubs. This work group will research what is required for approval of 501c(3), and will implement measures as required (such as writing club by-laws if needed).
- Medical Emergency Plans for our meet directors – A recent orienteering meet in New York resulted in the death of one of the participants. We would like to ensure that our meet directors have the required resources and information to respond to a serious medical emergency. This will include, at a minimum, developing procedures to be followed, emergency phone numbers, and maps to the nearest hospital with emergency facilities from all our meet locations.
- MDNR communications on permits to hold meets on State lands – As described in the AGM meeting minutes, our attempt to hold a meet at the Highland Recreation Area last year resulted in a court case and a fine. The presiding judge recommended that we take our case to the MDNR, and pursue political action to prevent future occurrences of this sort. This work group will contact MDNR Parks Department officials, and possibly elected officials, to enable us to obtain the use permits we need to hold meets on state lands.

If you have any interest or talents in one of these topics, you are invited to join our work groups. Please contact Bill Luitje (contact information is on the last page of this newsletter). Thanks in advance for your assistance!

## Peach Mountain Club Championships November 14, 2004 Meet Director: Mark Fochesato

I wanted to try something different with the flavor of Score-O'. So I devised the Century-O'. Each competitor had to get 100 points (out of a possible 120 total on course) in the shortest amount of time. Any points over the 100 score would not count towards your final standing. The idea was to use the familiar Score-O' format with a slight twist to get the runners thinking a little more. From the feedback I got at the start/finish it seemed to be well received.

The metric-Century-O' is the same idea but with a 62 point requirement. For those who did not make the 100 point cut I put them into the Metric-Century-O' results.

| Name                             | Elapsed Time | Control Order                     | Points | Name                                       | Elapsed Time | Control Order                    | Points |
|----------------------------------|--------------|-----------------------------------|--------|--|--------------|----------------------------------|--------|
| <b>Century-O'</b>                |              |                                   |        | <b>Century-O', cont'd</b>                  |              |                                  |        |
| <b>Men's Champ:</b><br>Mark Voit | 0:50:55      | 1-5-4-6-7-10-13-15-14-12-11-8     | 106    | Matt & Kevin                               | 2:00:00      | 1-5-4-6-8-11-12-14-15-13-10-3    | 102    |
| Janos Sumegi                     | 0:55:06      | 1-2-3-7-10-13-15-14-12-11-6-4-5   | 103    | Low-Town<br>Hustlers                       | 2:07:33      | 1-5-4-3-2-7-9-10-15-13-6-8-12-14 | 109    |
| Juha Heinonen                    | 1:00:32      | 9-13-15-10-8-11-12-14-5-4         | 101    | <b>Metric Century O'</b>                   |              |                                  |        |
| Roman Gushchin                   | 1:07:00      | 1-2-3-7-10-13-15-14-12-11-6-4-5   | 103    | <b>Women's<br/>Champ:</b><br>Amity Binkert | 0:58:41      | 5-4-6-15-13-10-7-3-2             | 65     |
| Tim Mielock                      | 1:10:53      | 1-5-4-6-7-10-13-15-8-11-12-14-3-2 | 111    | Dave Ives                                  | 1:14:10      | 1-2-3-5-4-6-8-11-12-15-13-10-7   | 97     |
| Roger Rush                       | 1:15:47      | 5-4-6-8-11-12-15-13-10-7-9        | 100    | K.C. Huhges                                | 1:32:30      | 1-5-4-6-8-11-12-14-15-13-10-3    | 87     |
| Al Newman                        | 1:21:48      | 9-7-10-13-15-14-12-11-8-6-4-5-2-1 | 108    | Gillian & Robert                           | 2:13:00      | 5-4-6-8-11-12-14-2               | 62     |
| Bill Luitje                      | 1:36:03      | 5-4-6-8-11-12-14-15-13-10-3-2     | 103    | Gordon Seeley                              | 3:16:30      | 1-2-5-4-3-9-7-10-13-15-12-11     | 92     |
| Tom Lee                          | 1:38:00      | 8-11-12-14-15-13-10-7-9-3-2       | 104    | Howard Raberson                            | OE           |                                  | 95     |
| Zandra Hudson                    | 1:43:23      | 1-2-5-4-6-10-13-15-12-14-11-8     | 101    |  |              |                                  |        |
| Alex Izzo                        | 1:44:00      | 9-7-10-13-15-14-12-11-4-5         | 100    |  |              |                                  |        |
| Greg Lukas                       | 1:45:58      | 1-2-3-9-7-10-13-15-6-8-11-12-4-5  | 106    |  |              |                                  |        |
| Mike Keating                     | 1:47:43      | 5-4-6-8-11-12-15-13-10-7-9-2      | 102    |  |              |                                  |        |

| <b>Less than 62 Points</b> |         |                    |         |                  |         |
|----------------------------|---------|--------------------|---------|------------------|---------|
| Chuck Newman               | 1:13:10 | Andrew & Preston   | 1:47:00 | Villemure        | 2:33:00 |
| Dave Mielock               | 1:13:42 | Art Ostaszewski    | 1:50:00 | Chris Ehi        | 2:37:00 |
| Greg Peek                  | 0:31:30 | Indestructors      | 1:50:30 | Tom & Greg Smith | 2:45:00 |
| Johnston                   | 0:37:30 | Craniums           | 1:53:00 | Sonya Talwalker  | 2:50:40 |
| Tom Jameson                | 0:38:30 | Wyatt & Barbra     | 1:54:10 | Messico          | 3:25:00 |
| Rick Waldo                 | 0:58:10 | Dick West          | 1:59:20 | Devro Crew       | 3:28:00 |
| Cooper Green               | 1:07:15 | Ginny Jernigan     | 2:00:00 | Heather Guzick   | 3:59:00 |
| Steve Major                | 1:12:00 | Joscelyn & Roberts | 2:01:10 | Jim Hafke        | OE      |
| Randy & Mary Travis        | 1:19:00 | G.L.A.C #1         | 2:05:00 | Gary Klein       | OE      |
| Robert & Diane             | 1:24:29 | Jass & Karl        | 2:10:30 | Ken Isreal       | OE      |
| Roy & Miki & Sanenla       | 1:34:35 | Jeremy & Rich      | 2:20:30 | Hack             | OE      |
| Pat Murad                  | 1:36:11 | Bor Rocho          | 2:26:02 |                  |         |
| G.L.A.C #2                 | 1:42:00 | Cherie Cheng       | 2:28:03 |                  |         |

## Southern Michigan Orienteering Club Membership Application

SMOC would love to have you as a member. Membership perks include a newsletter (published 3-4 times per year), membership in our Yahoo! Group [http://groups.yahoo.com/group/SMOC\\_Orienteer](http://groups.yahoo.com/group/SMOC_Orienteer) (updates and reminders for meets and meetings), and discounts at all local meets. Dues are \$15 for individuals and \$25 for families or groups. All memberships begin in January and expire December 31 of the current year.

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Zip: \_\_\_\_\_

Telephone: \_\_\_\_\_ E-Mail: \_\_\_\_\_

Contribution to Map Fund: \$ \_\_\_\_\_

### Check as appropriate:

\_\_\_\_ New member  
 \_\_\_\_ Renewal  
 \_\_\_\_ Address Change  
 \_\_\_\_ Individual \$15  
 \_\_\_\_ Family \$25  
 \_\_\_\_ Troop \$25

\_\_\_ I am interested in volunteering to help with club activities. (No experience needed!)

Are you a member of USOF? Yes  No

Send the completed application and check payable to "SMOC" to:  
 SMOC Treasurer, 401 Tanahill, Dearborn, MI 48124

### Now It's Your Turn to Help

#### Setting Courses

As we all know, orienteering meets are administered strictly by volunteer help, so if you participate in orienteering meets, you ought to "pay your dues" by helping out, too. Beyond the need for volunteering, I'd like to describe the benefits of course setting to the development of your orienteering skills.

Do I hear some of you saying "Who, me? Set courses? I don't know enough." If you've participated in twenty-five meets, then you know enough to at least be an apprentice to a course setter. Most experienced orienteers almost always welcome neophytes to join the meet staff and will offer you lots of guidance. [*Editor's Note: That's how most of us got started!*]

1. When you're participating in a meet, there's always a control marker to verify whether you're in the right place. But when you're the one placing the controls, you have to be very sure you're in the right place just by using the map. This teaches you to appreciate map details in a way that you may not have previously. It also teaches you that maps are not perfect representation of terrain, and helps you in evaluating (and in coping with) a map's shortcomings.
2. Learning the principles of course design will give you a much better appreciation of what's going on when you're out running a course designed by someone else. It will also help you learn to look for handrails, collecting features, catching features, and the other navigational aids that skilled orienteers utilize. – Dennis Wildfogel, BAOC

#### Control Pickup

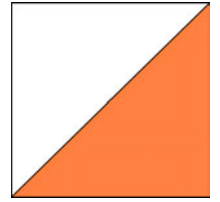
Another way to improve your orienteering skills is to volunteer for control pickup after an event. The benefits include:

1. *More orienteering.* This is my number one reason. I get to go out and get immediate feedback on the course just completed. Controls from the various courses may be in the same area and I can plot a route choice between them that is unique. I also enjoy the workout of the extra hike.
2. *No stress or pressure of competition.* This allows me to study the map and pay more attention to features I might have missed when I ran through a few hours earlier.
3. *Work on other techniques.* I might pace count up a hill or while contouring rugged terrain and record the paces for future reference.
4. *Experiment before moving up levels.* White or yellow may pick up one or two orange controls in the vicinity of other white or yellows. The same goes for an orange competitor picking up a few advanced controls that are near orange.
5. *Perfect set up for mentoring.* A beginner or intermediate orienteer might accompany an advanced individual for a section of controls and get confidence and feedback under actual course conditions. – Kelly Wells, BAOC

Excerpted from *Orienteering North America*, July/August 2004

**General Meet Information:**

All meets hosted by SMOC are held rain or shine! Meets start at 12 noon, with the last start time at 2 pm unless otherwise noted. "O-Signs" at the parks (pictured at right) will direct you to the start. Free instruction is available at all meets - just ask when you sign in. Compasses are available to rent. At "Standard O-Meets" there are usually four courses: beginner (white), advanced beginner (yellow), intermediate (orange), and advanced (red). Color maps are \$5 for SMOC members, and \$10 for non-members. The time limit for each meet is 3 hours, and you must check in with the Meet Director after you come back, even if you did not finish your course! Control flags will be removed starting at 3 pm.

**Club Officers and Committee Chairs:**

| Title              | Name          | Phone        | E-Mail   |
|--------------------|---------------|--------------|--|
| President          | Bill Luitje   | 734.769.7820 | <a href="mailto:Luitje@acm.org">Luitje@acm.org</a>                 |
| Secretary          | Linda Burke-  | 248.421.3592 | <a href="mailto:Lburke1@twmi.rr.com">Lburke1@twmi.rr.com</a>       |
| Treasurer          |               |              |  |
| Membership         |               |              |  |
| Equipment          | Mary Joscelyn | 734.995.1842 | <a href="mailto:joscelynm@vri.net">joscelynm@vri.net</a>           |
| Competition        | Lew Kidder    | 734.662.1000 | <a href="mailto:lew.kidder@cooltri.com">lew.kidder@cooltri.com</a> |
| Publicity          | Lew Kidder    | 734.662.1000 | <a href="mailto:lew.kidder@cooltri.com">lew.kidder@cooltri.com</a> |
| Social Coordinator | Roddy Wares   | 734.761.6980 | <a href="mailto:roddywares@aol.com">roddywares@aol.com</a>         |
| Scout Coordinator  | - - open - -  |              |  |
| Webmaster          | Linda Burke   | 248.421.3592 | <a href="mailto:Lburke1@twmi.rr.com">Lburke1@twmi.rr.com</a>       |
| Newsletter Editor  | Linda Burke   | 248.471.9185 | <a href="mailto:Lburke1@twmi.rr.com">Lburke1@twmi.rr.com</a>       |

Send your articles and pictures for SMOC Bearings to: SMOC Newsletter, Linda Burke, 22803 Manning, Farmington, MI 48336, or e-mail them to: [Lburke1@twmi.rr.com](mailto:Lburke1@twmi.rr.com). Word, Excel, and jpg attachments are best, but send anything you have (including hand-written text and original photos) and I will do my best to include it! (I can't open wps documents.) I will return originals if you enclose a self-addressed, stamped envelope.

SMOC Bearings  
Southern Michigan Orienteering Club  
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Ann Arbor, MI 48103

